

2026 WILD MEDICINE MEAL PLANS

Subject to changes

PRE-CONFERENCE

Thursday Dinner

Rosemary Turkey Breast, *Wild Mushroom Risotto*, Sautéed Zucchini, Salad Bar and *Blueberry Thyme Bread Pudding*

Friday Breakfast

Oatmeal & Yogurt Bar, Eggs, Grits, Biscuits, Turkey Sausage and Breakfast Beverages

Friday Lunch

Eggplant Parmesan, Cheese Tortellini and Salad Bar with Herbal Salad Dressings

WEEKEND CONFERENCE

Friday Dinner

Oven Fried Chicken, Roasted Sweet Potatoes, Green Beans, Cornbread, Salad Bar and *Peach Basil Cobbler*

Saturday Breakfast

Oatmeal & Yogurt Bar, Chorizo Scramble, Hashbrowns, Granola and Fruit

Saturday Lunch

Sweet Thai Chili Salmon Bowls with Julienned Carrots and Radish, Pickled Red Onions, Edamame, Ginger Dressing, Rice & Quinoa plus Salad Bar

Saturday Dinner

Basil Brined Chicken with Tomato Gravy, Mashed Potatoes, Roasted Broccoli, Garlic Rolls, Salad Bar and *Lemon Lavender Bars*

Sunday Breakfast

Hot Breakfast Bar (Eggs, Gravy, Biscuits, Sausage), oatmeal bar, yogurt, granola and fresh fruit

OPTIONAL SUNDAY LUNCH

**Not included in meal plans; available as dine in or to go for your drive home*

Sunday Lunch

Turkey Burgers, Broccoli
Salad & Chips
(Veggie Burgers available)

SPECIAL NOTES

Enhancements include Herbal Teas, Herb and Fire Cider Salad Dressing, Herbal Salt Blends
Accommodations: Vegetarian, vegan, and gluten free options will be available for those with special meal plans (these requests must be made by April 13)