

2024 Wild Medicine Conference Workshop Schedule

Subject to changes without notice

PRE-CONFERENCE (May 30-31, 2024)

Pre-Conference check-in opens at 4:00pm central time.

Thursday	Time	Presenter
8:00p-10:00p	Tea Social & Herbal Game Night	Leah Larabell

Friday	Time	Presenter
9:30a-12:30p	Pre-Conference Wild Medicine Intensive	Matthew Wood

WEEKEND CONFERENCE (May 31-June 2, 2024)

Check-in for standard attendees opens on Friday at 1:00pm central time.

Friday	Time	Presenter
2:30p-4:00p	The Wild Soul: Weaving Your Unique Mythic Medicine	Joanna & Trevor Mann
2:30p-4:00p	Crop Talk: Turmeric & Wild Mountain Mint	Dr. Rao Mentreddy
4:30p-6:00p	Little-Known Medicinal Plants of the Southeastern US	David Winston
4:30p-6:00p	Foraging 101: Safety, Ethics & Beyond	Jesse Akozbek
8:00p-10:00p	The Spirit of Herbal Medicine Keynote	Matthew Wood & Phyllis D. Light

Saturday	Time	Presenter
9:15a-10:45a	Adaptogens: Herbs for Strength, Stamina & Stress Relief	David Winston
9:15a-10:45a	Rocks & Stones in Folk Medicine	Phyllis D. Light
11:00a-12:30p	Herbal First Aid	Matthew Wood
11:00a-12:30p	Healing Ways of Clay, Mud, Smudges & Oils	Lisa Bedner
12:30p-2:30p	Lunch & Free Time	
2:30p-4:00p	Wild Medicine Plant Walk	Phyllis D. Light & David Winston
2:30p-4:00p	Wild Weeds for Wild Mucous	Lisa Bedner
2:30p-4:00p	Medicinal Mushrooms: Fungi-Supported Health and Wellness	Michelle Rigling
4:30p-6:00p	Scouting, Identifying and Utilizing Medicinal Trees	Jesse Akozbek
4:30p-6:00p	Wild Gardening: Medicine <i>for</i> the Earth	Joanna & Trevor Mann
4:30p-6:00p	Sacred Journeys with Mushrooms: Entheogenic Medicine and Ceremony	Michelle Rigling
8:00p-10:00p	Herbal Elixirs & Community Fire	High Garden Tea

Sunday	Time	Presenter
9:30a-11:30a	Closing Plenary and Final Remarks	Phyllis D. Light, etc.

*Conference ends at 12:00pm central time.