

Wild Medicine Conference 2024 Food Menu

Pre-Conference Program

Day & Meal	Food & Beverages
Thursday Dinner	Loaded Baked Potatoes with Seasoned Chicken, Roasted Broccoli, Salad Bar, Tea, Water, and Brownies
Friday Breakfast	Breakfast Buffet: Eggs, Grits, Biscuits, Bacon Fruit, Yogurt, Cereal and Oatmeal Bar Milk, Oat Milk, OJ, Coffee, Water Special: plant-based meat and GF breads
Friday Lunch	Build Your Own Burrito Bowls Salad Bar, Tea, Water

Weekend Conference

Day & Meal	Food & Beverages
Friday Dinner	Smoked Chicken, Gouda Grits, Collard Greens, Salad Bar, Peach Cobbler, Tea, Water
Saturday Breakfast	Breakfast Buffet: Eggs, Bagels, Sausage, Cheese Grits, Fruit, Yogurt, Cereal and Oatmeal Bar Milk, Oat Milk, OJ, Coffee, Water Special: plant-based meat and GF breads
Saturday Lunch	Build Your Own Buddha Bowls: Rice, Chicken, Sweet Potatoes, Spinach, Cabbage, Feta Cheese, Peppers, Chickpeas, Carrots, Tahini Dressing Salad Bar, Tea, Water
Saturday Dinner	Turkey Pot roast, Mashed Potatoes, Carrots, Cornbread, Salad Bar, Ooey Gooey Bars, Tea, Water Special meal options include vegan chili and GF cornbread
Sunday Breakfast	Breakfast Burritos Bar: Tortillas, Eggs, Sausage, Salsa, Hashbrowns, Cheese + Fruit, Yogurt, Cereal and Oatmeal Bar, Milk, Oat Milk, OJ, Coffee, Water Special: tofu scramble, corn tortillas (GF)